

# DENTISTS' QUARTERLY

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## Mark Your 2012 Calendar

### Wednesday, January 11

January Courses Begin

### Thursday, January 19

Installation of Officers  
Roosevelt Hotel

### Monday, April 16

Stated Meeting  
"Evolving Concepts in Periodontal Disease: Treatment Planning and Chemotherapeutics"  
Richard H. Nagelberg, DDS



## PRESIDENT'S MESSAGE

by Patricia Sukmonowski, DDS

### New Faces, New Ideas, New Perspectives

NYCDS members have all received an invitation to volunteer and get involved with the NYCDS. Response has been arriving daily but we need to hear from more of you.

Many may ask why serve? Why contribute precious time away from my family and/or practice? NYCDS volunteers assume an important leadership role in implementing plans for programs and services that meet the needs of you and your colleagues. And, these colleagues are young dentists or those approaching retirement; male or female, specialist or generalist. That is why it is your knowledge and insight which is needed. In 2011, we have seen the burgeoning growth of younger volunteers serving as they sit on the Board of Directors and committees. They are responsible for:

- reaching out in Harlem to educate the city's children about our profession;
- attending American Student Dental Association "vendor fairs" *(continued on page 3)*



**Ellen Gerber, NYCDS Executive Director**, has recently renewed her Certified Association Executive credential awarded by the American Association of Association Executives (ASAE). Some years ago, Ms. Gerber earned the CAE designation after completing a rigorous full day examination and renewal is required every three years based on completion of professional development activities. The CAE designation represents Ms. Gerber's on-going commitment to NYCDS, her profession and the pursuit of knowledge. She has been an active volunteer member of the ASAE having served on the Professional Development Section Council, the Peer Review Committee and the CAE Test Writing Committee. ■

## AEDs Required In All Dental Offices as of January 1, 2012

Every dental office in NYS is required as of January 1, 2012 to have a defibrillator (AED). Just one defibrillator is required regardless of how many dentists practice at a location. Failure to do so can result in disciplinary action by the NYS Education Department's Office of Professional Discipline.

Members who purchase a Philips HeartStart automatic defibrillator through the NYCDS Marketplace, which has endorsed this program since 2007, receive competitive pricing and important value-added features including free shipping, a complimentary case, automatic service reminders, and a five year warranty. In addition, members who purchase through NYCDS will be entitled to an additional \$20 discount on registration for the Henry Spenadel CPR course.

Each AED purchased qualifies for a \$500 NYS tax credit. Contact Michael Kalifoff at 212-629-3979 and mention code NK to take advantage of this special offer. *This offer is ONLY available to NYCDS members.* ■

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# From the CE Director

by John R. Varoscak, DDS

The greatest challenge that I always face in composing this article is in choosing which courses to feature. For this issue, I have decided to only mention programs that have not been presented here before. Starting with January courses and proceeding through April, these exciting new courses will be briefly described.

All of us in clinical practice will benefit from *Essential Review of Oral Medicine Disorders*, an interactive presentation by David Sirois, DDS, PhD. Another course of universal interest in an entirely different category is *Accounting Practices for Your Dental Office*. This practical two-credit course is presented by Kenneth Metsky, CPA.

A panel of otorhinolaryngologists, a pulmonologist, a medical sleep medicine specialist and two dentists who actively treat sleep apnea, offer a comprehensive two-day course, *Multidisciplinary Assessment and Treatment of Sleep Apnea and Snoring*. Drs. Syrop and Tanenbaum, together with their medical colleagues, will teach participants how to properly incorporate the treatment of patients with these disorders into their practices. *Expanding Your General Practice: Site Preparation and Third Molar Surgery* describes this practical, hands-on course presented by Michael Turner, DDS, MD.

Dr. Avishai Sadan, Dean of the University of Southern California School of Dentistry and an internationally recognized teacher and author is presenting *Esthetic Dentistry: Risk Assessment to Recipes for Success*. This all day lecture will present contemporary clinical techniques and treatment approaches in esthetic dentistry and fixed prosthodontics. Another internationally known author and lecturer, Mark Murphy, DDS, presents a full day course on *Simplifying the Complex Case and Evidence Based Shade Communication*.

For those non-orthodontists who want to incorporate basic orthodontic techniques into their practices, a comprehensive six-session course is offered. Drs. Jean Furuyama and Milton Bloch will provide lectures and hands-on instruction showing how participants "...can do something for patients that they actually want you to be doing to them."

Guided implant surgery and digital technology has altered the way implant dentistry is planned, executed and restored. *Digital Implant Dentistry for the GP and Specialist* is presented by Ronald Margolies, DMD, a renowned author and lecturer in that area.

Dr. George W. Tysowsky will discuss a contemporary restorative material used in performing minimally invasive dentistry. This full-day program, *Lithium Disilicate: the Material that Changed Everything*, will allow participants to positively affect their practice and increase confidence utilizing these techniques.

Michael C. DiTolla, DDS, a clinician researcher, publisher and lecturer discusses *The Modern Restorative Practice*. This course provides a review of symptoms, materials and procedures that will enable participants to understand the multitude of new dental materials and how to use them successfully in a general dental practice.

Chronologically, the last in this series of new presentations is *Oral Surgery for the General Dentist*. Marci H. Levine, DMD, MD, discusses treatments that general dentists can perform in their practices. Potential complications can be avoided with a working knowledge of management issues and precautions to be considered.

Full course descriptions for these new courses and many other programs that are repeated due to their popularity can be found in the winter Continuing Education Catalog. ■

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## “New Age” of Email Communication for NYCDS Members

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The Society has revolutionized how it communicates with members by utilizing the services of “Informz.” Every email communiqué now has a “signature” professional look letting you know that the communication comes from your professional organization with important news. “Informz” provides NYCDS with the ability to target and personalize communications to specific groups and subgroups of members through a link to each and every member in our database. In addition, we have access to system feedback which will shape future correspondence and greatly improve our ability to share information with you.

Future plans for the use of “Informz” will include surveying and enabling on-line voting.

“Informz” was developed especially to meet the needs of associations and nonprofit organizations to enhance relationships with existing members, discover and reach new members, and work more efficiently on your behalf.

For those receiving communication by facsimile and “snail mail,” we would like to encourage you to “opt in to email” as your preferred means to receiving communication from the NYCDS. Simply complete the form below and fax it to us at 212-573-9501 or email [info@nycdentalsociety.org](mailto:info@nycdentalsociety.org) with the information. Database information is secure and not shared with outside parties. ■

**YES! I want to stay current and be informed of the latest Society news and notices via Informz email.**  
Please print clearly:

▲ name

▲ e-mail address

**FAX TO: 212-573-9501**

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### PRESIDENT’S MESSAGE *(continued from page 1)*

to educate dental students about tripartite dentistry;

- assisting staff in the creation of new methods with which to communicate with the membership;
- successfully obtaining a Membership Program for Growth grant from the ADA;
- working to continue to enhance and “grow” the Greater New York Dental Meeting;
- the design of programs that achieved a registration of almost 600 dental professionals in our “Summer Continuing Education Series”

These are just some of the examples of the work completed

by our cadre of volunteers along with the NYCDS professional staff, the backbone and “institutional memory” of our Society.

Also, consider the lifelong relationships and friendships one can develop through volunteer participation. It is most gratifying to look back on my years as an NYCDS volunteer and think of the many colleagues with whom I now communicate on many levels. It is truly a privilege to serve my dental community and I salute the 2011 Officers and Board of Directors for their tremendous contributions. Whatever your needs and interests, we encourage you to provide assistance to the NYCDS. ■

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## New Member Reception Held on Nov. 16<sup>th</sup> with Record Attendance



Jeffrey Senzer, president elect, gave several attendees a tour of headquarters.

## PROFESSIONAL PANEL PRESENTATION AT SEPTEMBER MEETING:

# Three Unique Perspectives to Address Anterior Tooth Crowding

Members attending the September 12th Stated Meeting were given the opportunity to hear how three leaders in their respective fields would address the issue of “Anterior Tooth Crowding: Treatment Alternatives & Predictable Outcomes.” The distinguished panel included moderator James H. Doundoulakis, NYCDS Vice President, who organized the event as 2011 Program Committee chair. After a fifteen minute presentation by each panelist, Dr. Doundoulakis queried each doctor to respond to pre-prepared questions. The evening’s program explored an interdisciplinary approach to diagnosis and treatment planning of this common clinical problem, as well as indications and treatment considerations.

Fraya Karsh, DMD, Olivier F. Nicolay, DDS, and Larry W. Rosenthal, DDS, addressed the issues and treatment options based on periodontics, orthodontics and restorative dentistry respectively. Highlights from each panelist’s presentation are recreated here.

Dr. Karsh reviewed periodontal considerations for maximizing soft tissue esthetics and well as gingival health and ease of cleansing for crowded cases. She emphasized the importance of determining the patient’s expectations and how to assess if treatment will meet their expectations. She noted it is critical for patients to have the ability to maintain good oral hygiene throughout treatment.

Dr. Nicolay outlined the three key methods used with orthodontics to resolve dental crowding: dental reduction (involving extractions and inter-proximal reduction, or IPR), arch expansion, and combination of inter-proximal reduction and arch expansion.

Dr. Rosenthal stressed the importance of good communication with the laboratory to accomplish the desired results. Good patient communication helps to ensure the patient will be “their best self” at the end of treatment, not frustrated by the inability to achieve an unachievable appearance of a celebrity smile. Lastly, Dr. Rosenthal called attention to the need to involve the other dental disciplines in the restorative process.

The meeting was generously sponsored by Marotta Dental Studio.

On the next page are highlights of each panel member’s presentation illustrating their particular approaches to anterior tooth crowding:



## PANEL SPEAKERS



Panelists (from left to right) Drs. Larry Rosenthal, moderator James Doundoulakis, Fraya Karsh and Olivier Nicolay.

### James Doundoulakis, DMD (moderator)

Dr. Doundoulakis completed his dental degree at the University of Pennsylvania School of Dental Medicine, followed by a residency in prosthodontics at the Harvard School of Dental Medicine and the VA Hospital. He then completed a fellowship in maxillofacial prosthetics at Roswell Park Cancer Center in Buffalo, NY. Dr. Doundoulakis is former Associate Editor of Esthetics and Implant Dentistry for the *Journal of the American Dental Association*. Dr. Doundoulakis is currently Director of Implant Prosthetics, Mount Sinai Medical Center, offering the residents all their lectures on implant tooth replacement and maxillofacial prosthetics. He is past President of the Academy of Osseointegration and an officer of the NYCDS.

### Fraya Karsh, DMD

Assistant clinical professor of dental medicine – periodontics at Columbia University College of Dental Medicine. She is a graduate of the University of Medicine and Dentistry of New Jersey and CDM’s post doctoral certification program in periodontics. She is past president of the New York County Dental Society, the Northeastern Society of Periodontists, and the Osseointegration Foundation.

### Olivier F. Nicolay, DDS


Clinical associate professor of Orthodontics at New York University College of Dentistry. He received his DDS degree from Columbia University College of Dental Medicine and a Certificate in orthodontics and Masters in medical sciences from Harvard University. He has held the position of program director at Columbia University and has been a member of the NYU College of Dentistry faculty since 2002.

### Larry W. Rosenthal, DDS

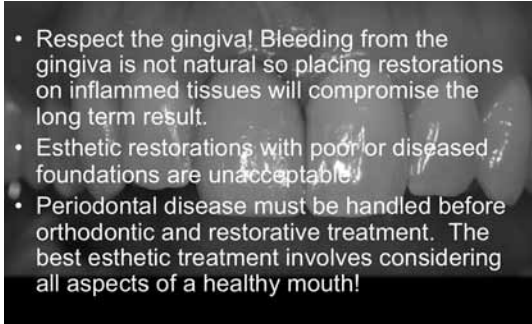
Larry Rosenthal, is a prominent figure in the field of cosmetic dentistry, and an accredited member of the American Academy of Cosmetic Dentistry. In 2002, he opened the Rosenthal Institute at New York University’s College of Dentistry, naming his course the “Aesthetic Advantage.” Since that time, the Rosenthal Institute has opened in London, Palm Beach and Indianapolis. Dr. Rosenthal completed his DDS degree at New York University’s College of Dentistry.

Periodontal Considerations—Fraya Karsh, DMD

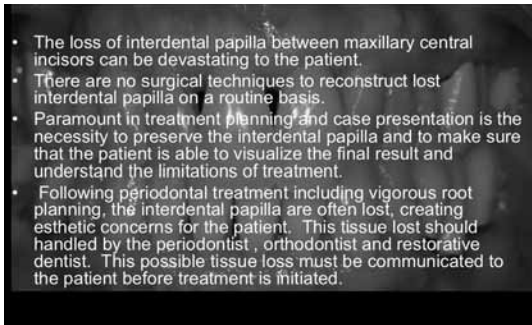
- Initial therapy begins with Oral Hygiene instruction and continues at every visit. Patients must demonstrate the ability to strive for the best oral hygiene possible. Patients undergoing orthodontic treatment are encouraged to have cleaning on a monthly basis.
- Scaling and root planing
- Occlusal evaluation for trauma
- Evaluation of the tooth form, gingival anatomy and root angulation
- Location of the contact points which are the result of the emergence profile and line angle form of the teeth.
- This is crucial for restorations to reproduce the normal anatomical contours and provide a pleasing result.



- Respect the gingiva! Bleeding from the gingiva is not natural so placing restorations on inflamed tissues will compromise the long term result.
- Esthetic restorations with poor or diseased foundations are unacceptable!
- Periodontal disease must be handled before orthodontic and restorative treatment. The best esthetic treatment involves considering all aspects of a healthy mouth!



- The loss of interdental papilla between maxillary central incisors can be devastating to the patient.
- There are no surgical techniques to reconstruct lost interdental papilla on a routine basis.
- Paramount in treatment planning and case presentation is the necessity to preserve the interdental papilla and to make sure that the patient is able to visualize the final result and understand the limitations of treatment.
- Following periodontal treatment including vigorous root planing, the interdental papilla are often lost, creating esthetic concerns for the patient. This tissue lost should be handled by the periodontist, orthodontist and restorative dentist. This possible tissue loss must be communicated to the patient before treatment is initiated.



Orthodontic Considerations—Olivier Nicolay, DDS


### Extractions

- Premolars
  - Severe Crowding
  - And/or Excessive Labial Flaring
- Incisor
  - Significant Bolton Discrepancy
  - Crowding = Size of Incisor
  - Class III "Tendency"

### Expansion

- Mandibular Arch Limitations
  - Difficult to Expand
- Transverse and A.P. Expansions
  - Do Not Expand Lower Inter-Canine Width
  - Avoid (Excessive) Labial Movement Lower Incisors
- Molar expansion:
  - 1mm Expansion > .3mm Perimeter Increase
  - 1mm Canine exp. > .75 mm Perimeter Increase

### Expansion And Inter-Proximal Reduction



11.18.2009

Restorative Considerations—Larry Rosenthal, DDS

### Predictable Protocol

This is Marcelo...

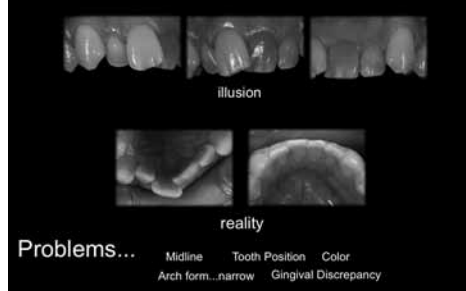
.....Team Approach



Interactive Specialty Dream Team...Perio...Ortho...Endo...Surgery

???

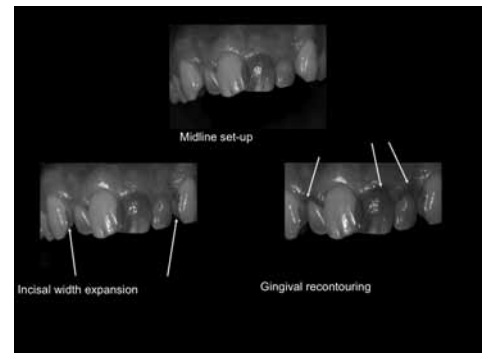
### illusion



reality

Problems...

Midline Tooth Position Color Arch form...narrow Gingival Discrepancy



Midline set-up

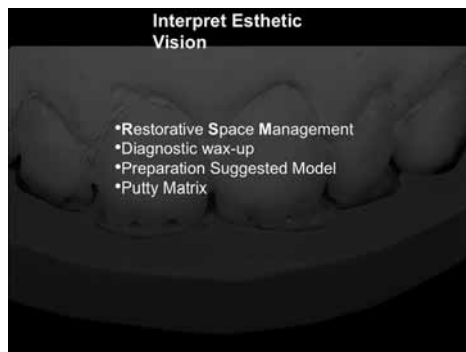
Incisal width expansion

Gingival recontouring

### Steps For Lab Communication

- Digital Photo Series
- Upper and Lower Diagnostic Alginate Impressions
- Establishing Incisal Edge Position Thru Mock-Up
- Length of Centrals
- Face Bow Transfer

### Interpret Esthetic Vision



- \*Restorative Space Management
- \*Diagnostic wax-up
- \*Preparation Suggested Model
- \*Putty Matrix

### Gingival Considerations based on Defect Classification

| Amount of Overlap             | Papilla Height Discrepancy | Papilla Shape Distortion | Adjunctive Therapy                                   |
|-------------------------------|----------------------------|--------------------------|--|
| MD < 1 mm<br>BL < 1 mm        | Symmetrical                | Not visible              | None   |
| MD= 1 m-2mm<br>BL < 1 mm      | <1 mm                      | Not visible              | None   |
| MD= 1 mm-2 mm<br>BL=1 mm-2 mm | 1.5 mm -2 mm               | Moderate                 | Consider periodontal, orthodontic, and/or endodontic |
| MD>2.5 mm<br>BL>2 mm          | > 2 mm                     | Severe                   | Recommended orthodontic. Consider periodontal        |

Restorative Space Management: Treatment Planning and Clinical Considerations for Insufficient Space. Kim, J et al., Pract Proceed Aesth Dent, 2005; 17(1): 19-25

## Jeremy Mao, 2011 Spenadel Recipient, Inspires Audience

**N**YCDS members were riveted as the 2011 recipient of the Henry Spenadel Award, Jeremy J. Mao, Ph.D., DDS, gave a lecture on “Dentistry Now vs. Dentistry Tomorrow: Is Regenerative Dental Medicine for Real?” at the November Stated meeting. Dr. Mao has taken on a pioneering role in the field of dental and craniofacial stem cells. He is currently Senior Associate Dean for Research and the Edward V. Zegarelli Endowed Chair at Columbia University’s College of Dental Medicine, as well as Director, Center for Craniofacial Regeneration at Columbia University Medical Center. Dr. Mao was introduced by Henry Spenadel Award Committee Chair Allan Deutsch. Members of the committee who recommended Dr. Mao’s selection are: Henry Chalfin, James Doundoulakis, James Farer, Jerry Halpern, Jack Roth, Shahin Shagoli, President Patricia Sukmonowski and Immediate Past President Edward J. Miller, Jr.

Dr. Mao spoke to the fact that baby teeth, wisdom teeth and permanent teeth that are extracted are a rich source of stem cells, which have shown to have the ability to propagate and differentiate into the cells of various host organisms

### Highlights of the ADA House of Delegates

**T**he ADA held its annual House of Delegates meeting October 10th– 14th. Representing the Society as delegates were: Anthony Chillura, James Doundoulakis, Jeffrey Senzer, Patricia Sukmonowski. Alternate delegates were Marci Levine and Edward Miller, Jr. They were accompanied by Executive Director, Ellen Gerber.

- Dues increased \$7 to \$512 for active members however the assessment was dropped making the net effect a decrease of \$16. Total 2012 dues for active members will be \$1,116 reflecting an increase in NYSDA dues of \$22.
- Voted to maintain the current dues stabilization policy.
- Maintained the student block grant program.
- Revised the Member Conduct Policy and the procedures relating to Member Conduct Policy.
- Created a 25% dues waiver category.
- Approved a proposal for a comprehensive study of ADA governance.
- Approved continued support for the State Public Affairs Program which provides grant funding on major advocacy issues facing state dental societies.
- Approved a study on the implications for dentistry of the Affordable Care Act.
- Approved a study of issues surrounding the economics of dental education and the impact of access to care.
- Dr. William R. Calnon, past president of the NYSDA, was installed as the 148th president of the American Dental Association. ■

such as bone, muscle, skin, liver, cartilage, and more. Stem cell research has demonstrated very promising advances in the treatment of numerous health conditions, including diabetes, multiple sclerosis, arthritis, and periodontal disease to name a few. Dr. Mao noted that although tooth regeneration is still “science fiction,” dental pulp regeneration has been shown to be feasible in preliminary research. Dr. Mao demonstrated how stem cells can be manipulated to develop into dental pulp. Researchers were able to induce pulp regeneration from stem cells placed in a root canal of a rat, paving the way for pulp regeneration to potentially replace gutta percha and keeping a tooth more vital.

Based on exciting research developments, Dr. Mao appeared confident that dentistry will eventually be transformed from treatment focused on “repair” to “regeneration” in the decades to come. He places regenerative dental medicine alongside the industrial revolution and the information revolution as the next significant revolution that will change how we live.

The meeting was generously sponsored by StemSave. ■



Spenadel Award recipient Jeremy Mao (left) and Henry Spenadel Award Chair Allan Deutsch.

### NYCDS 2012 Elections

**T**he Nominating Committee, chaired by Patricia Sukmonowski, interviewed candidates and recommended the slate of candidates elected by the membership at the November Stated Meeting. Committee members included: Michael Arvystas, Anthony Chillura, Allan Deutsch, Egidio Farone, Jean Furuyama, Ruby Gelman, Irvind Khurana, Ronald Maitland, Edward Miller, Jr. and John Varoscak.

Serving with President Jeffrey Senzer in 2012 are: President Elect, James Doundoulakis; Vice President David Shipper; Secretary, Marci Levine; and Treasurer Maurice Edwards. The background and profiles of these volunteers are detailed on page 7. Other members elected to serve in 2012 are: Directors at Large Marc Gainor and Gail Schupak; Alternate Directors Kenneth Cooperman and Benjamin Godder; Delegates to the ADA Anthony Chillura, Jeffrey Senzer, James Doundoulakis and David Shipper; and Alternate Delegates Patricia Sukmonowksi, Marci Levine, Maurice Edwards and Edward Miller, Jr. ■

# MEET YOUR 2012 OFFICERS



**Jeffrey S. Senzer, president**, practices endodontics in midtown Manhattan. He earned his DDS and his Certificate in Endodontics from Columbia University's School of Dental and Oral Surgery where he remains an active volunteer teacher of undergraduate and post-graduate clinical endodontics. In addition, he serves as a facilitator in the ethics programs at Columbia and at NYU. Dr. Senzer holds an MA in molecular genetics from CUNY at Brooklyn College and obtained a BA in zoology from Hunter College. He is a Fellow of the American College of Dentists and the New York Academy of Dentistry. Dr. Senzer has held numerous volunteer positions with the NYCDS prior to becoming an officer. He was a member of the board serving as chair of the Membership Committee where he expanded the highly successful new member receptions. As vice president he chaired the Constitution and By-laws Committee and oversaw the most recent revision of the NYCDS by-laws. Dr. Senzer was a member of the Future Focus Committee and one of his 2012 goals is to continue its implementation. He has been a member of the Children's Dental Health, District Claims and Ethics Committees, as well as delegate to the American Dental Association and a NYCDS delegate to the NYSDA House of Delegates. Additionally, he served as president of the New York County Dental Marketplace Board of Directors from 2009 through 2011 and participates in the Donated Dental Services program treating elderly, handicapped and medically compromised individuals.



**James H. Doundoulakis, president elect**, is a prosthodontist in private practice on the upper east side. Dr. Doundoulakis attended the University of Pennsylvania's School of Dental Medicine and Graduate School of Education, earning both a DMD and a Master's of Science in Educational Leadership in 1982. He completed his fellowship in prosthodontics at the Harvard University-VA program and his residency in maxillofacial prosthetics at Roswell Park Cancer Center in Buffalo, NY. Since 2004, Dr. Doundoulakis has served as director of Implant Prosthetics, Department of Dentistry and Oral Surgery, at Mount Sinai Medical Center. Dr. Doundoulakis is former associate editor of esthetics and implant dentistry for the *Journal of the American Dental Association*. He has served as vice president of the Osseointegration Foundation and past president of the Academy of Osseointegration. Dr. Doundoulakis has been an active member of the NYCDS Board of Directors prior to ascending the officer positions. He was chair of the Finance Committee, a member of the Henry Spenadel Award Committee and is currently chair of the Constitution and By-Laws Committee. Dr. Doundoulakis was a delegate to the NYSDA House of Delegates earlier this year as well as a delegate to the ADA.



**David M. Shipper, vice president**, practices general dentistry on the upper west side of Manhattan. Dr. Shipper received his DMD from the University of Pittsburgh School of Dental Medicine. Dr. Shipper has been involved with the Alpha Omega International Dental Fraternity since dental school, serving

over the years as regent, delegate and chapter president. He is a member of the Pierre Fauchard Academy, the New York Academy of Dentistry and the Dental Study Club of New York. Dr. Shipper was vice president of the Midtown Dental Society and he has served on numerous committees since first joining the NYCDS in 1976. He joined the Board of Directors in 2004 and moved on to a two year term as Finance Chair. He served on both the 2005 and 2010 Future Focus Committees taking a deep interest in strategic planning for the NYCDS. He is currently a member of the Continuing Education Advisory Committee and serves on NYSDA's Council on Dental Practice. Dr. Shipper has served as a delegate to the NYSDA House of Delegates.



**Marci H. Levine, secretary**, is an assistant professor in the Department of Oral and Maxillofacial Surgery at New York University College of Dentistry. In addition, Dr. Levine is an attending oral and maxillofacial surgeon at Tisch Hospital/ NYU Medical Center and an attending oral and maxillofacial surgeon at Bellevue Hospital. She received her Bachelor of Science degree at Cornell University and went on to graduate, cum laude, with both DMD and MD degrees from Harvard and received honors for pre-doctoral research at Harvard School of Dental Medicine in 2000. Dr. Levine has presented her research before the American Association of Oral and Maxillofacial Surgeons and is an invited reviewer for the *Journal of Oral and Maxillofacial Surgery*. Dr. Levine served on the Board of Directors as chair of the Legislative Committee prior to becoming secretary in 2011. She is currently a member of the Constitution and By-Laws Committee as well as the NYSDA Council on Governmental Affairs. Dr. Levine has served as a delegate to the NYSDA House of Delegates since its inception and was an alternate delegate to the ADA.



**Maurice L. Edwards, treasurer**, is in private practice as an oral and maxillofacial surgeon in midtown Manhattan. In addition, Dr. Edwards is an associate clinical professor in the Department of Oral and Maxillofacial Surgery at four hospitals: Bellevue Hospital Center, New York University College of Dentistry, Mount Sinai Hospital and Nassau University Medical Center. He is an attending physician at Bellevue Hospital Center, Mount Sinai Hospital and Nassau University Medical Center. Dr. Edwards received his Doctorate of Medical Dentistry from the University of Pennsylvania School of Dental Medicine and his B.A. degree in biology from the University of Rochester. He is a member of numerous professional associations, including the American Board of Oral and Maxillofacial Surgery, the American Association of Oral and Maxillofacial Surgeons, and the New York Society of Forensic Dentists. Prior to his election as treasurer, Dr. Edwards served as a member of the Finance Committee, an alternate on the Society's Board of Directors, a member of the New York County Dental Marketplace Board of Directors and a member of the Program Committees. He has been an active volunteer for the Greater New York Dental Meetings and served as an alternate delegate to the NYSDA House of Delegates. ■

# To Treat or Not To Treat: The Many Sides of Referral

by Michael Soloway, DMD

*Dr. Soloway practices general dentistry in midtown Manhattan.*

It is said that “discretion is the better part of valor” and so it can be when we, as restorative or general dentists, are formulating treatment plans to best meet the needs and desires of our patients. We are somewhat unique in dentistry in that legally we have tremendous latitude when deciding what cases to treat or procedures to perform. We are bound more by our ability to defend that decision when something goes wrong, than by a specific set of defined controls. It is a very complex subject with very vague and personal parameters and takes on very different colors when originating from a specialist as opposed to a generalist. In fact, it is one of the attractive and unspoken luxuries of our profession that we are able to design and fine tune the experience of our practices so much by what we enjoy doing. Further complicating this already gray area looms the omnipresent standard of care and our need, as procedures driven practitioners, to make a living in what is beginning to be called “the new economy.”

Firstly, for procedures for example, we can choose to perform endodontic therapy on any tooth in the mouth, extract any tooth surgically or otherwise, crown lengthen, harvest and place a subepithelial connective tissue graft, operate on and alter a sinus, and most currently—place any number of implants anywhere in the mouth. Particularly in New York, where we are surrounded by so many specialists and therefore held to that standard of care, how do we responsibly make these choices? If an endodontist is performing only root canal therapy each and every day, can I hope to provide the same standard of care if I am doing one or two a week? How much additional training and experience can I consider

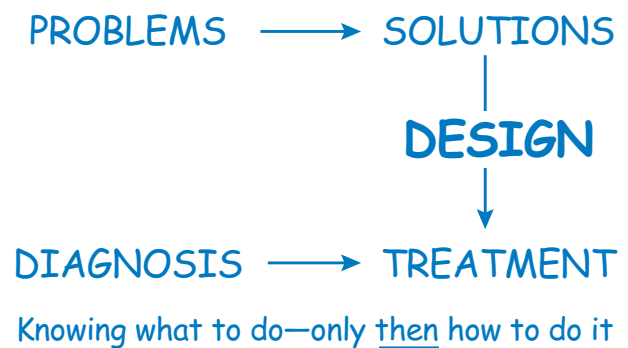
**“There may be different ways of treating a disease, but there can be but one correct diagnosis.”**

**Morton Amsterdam**

sufficient to deliver fixed or removable orthodontic treatment alongside the orthodontist who spent two or three years honing that skill in graduate school?

It becomes ever more complicated when we start to consider case treatment. In today’s environment, accelerated by an aging and beauty conscious baby boom population, there is a unique cosmetic movement in dentistry. This is often ac-

companied by a chief complaint that the patient simply does not like the way they look—no pain, discomfort, or urgency. We, as a profession, have been so successful at marketing cosmetic dentistry techniques that, more directly, the patient may be seeking to “purchase” porcelain veneers. Today, many dentists even advertise “general and cosmetic dentistry.” Particularly in reference to that baby boom population, this has led to a new set of problems and diagnostic challenges, along with a reluctance or hesitation to refer what appears, on the surface, to be a treatment opportunity.



Recalling Peer Review cases published in this newsletter, so many of them begin by explaining that the patient was unhappy with the cosmetic treatment provided. This is often not a problem of poor technique or clinical skill, but more of diagnostic or analytical judgment. Consistent with the nature of some of these dentitions, the underlying reasons for that initial cosmetic chief complaint are deceptively complex in their etiology and are, in the end, not amenable to correction by simply placing veneers on anterior teeth. Shortened or unsightly teeth and smile characteristics are often the result of years of subtle and cumulative iatrogenic causes, occlusal adaptations gone astray, periodontal disturbances, architectural asymmetries, or destructive parafunctional habit patterns.

Often in dentistry we can tend to confuse treatment plans with diagnosis. There are, on the one hand, problems that the patient may have and these problems, once understood, analyzed, and communicated require solutions. Informing a patient “you need a crown or a filling or a root canal” is not an underlying problem, it is a solution. Somehow, over the years we have trained patients to expect a laundry list of procedures as a diagnostic explanation of their problems. Furthermore, providing treatment by request, particularly in the cosmetic arena, can be fraught with danger and risk. “Pa-

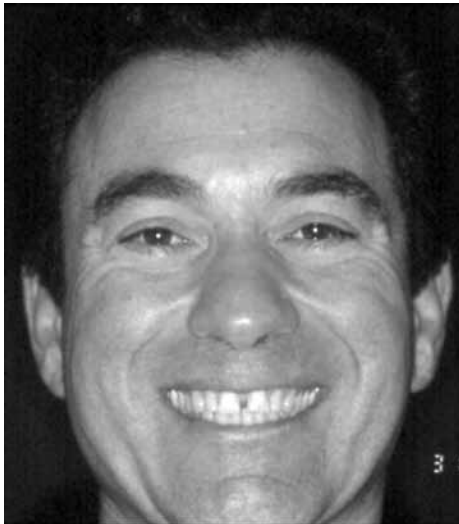
tient wants veneers” is not an etiology, and it is abdicating the entire art of diagnosis to the person least qualified to engage in it and that is the patient.

One of the many joys of being a general dentist is that we are approached by the public as opposed to a specialist that must rely upon us to provide them with patients. We hold the responsibility of being the “gatekeepers” for the patient and engaging in what has now become known as interdisciplinary care. Particularly in New York, we can energize our lives and practices by assembling a team of practitioners from any number of disciplines, including restorative and prosthetic dentistry, which can provide specialized treatment and services; but it is the general dentist, the professional who organized and selected the team, that is the quarterback—the hub of the wheel. Rather than being a limitation, it can be a very synergistic experience.

In keeping with that wonderful freedom that we have been given to create our own procedure set, we can provide what we enjoy and have chosen to perfect, and can utilize our team

to deliver a complete and effective picture of treatment that will provide our patients with the best chance of overall success. But that requires delving more deeply into the subject of diagnosis as one of our primary disciplines and more clearly understanding the nature of the problems prior to treatment. Dr. John Kois has developed a diagnostic discipline that is based entirely upon the principle of the management of risk and the improvement of prognosis that can be a very effective methodology in this area.

Treatment, then, is something that is designed and not just purchased. Further, it is a plan that is built to constantly lower risk at each decision point. With a deeper understanding of that mandate for the general dentist and a comprehensive focus on etiology evolves the comfortable ability to know when to refer a procedure or an entire case within your own team. It could well be the prudent and most satisfying “better part of valor” to best manage the risk for your patient at that moment in time. ■



**Patient 1 Pre-Operative**

This 50 year old patient was concerned that his teeth were disappearing and unsightly and was seeking a cosmetic solution. The attrition was coming from occlusal dysfunction ultimately requiring vertical dimension changes. He was referred for orthodontics, endo and perio prior to the final restorations.



**Patient 1 Post-Operative**

The entire treatment took 2–3 years and was, in fact, a full mouth restoration rather than simply anterior veneer placement. This was not simply a matter of smile design.



**Patient 2 Pre-Operative**

This 70 year old patient presented 10 failed maxillary veneers placed one year prior. He had read about veneers and was seeking a cosmetic change. Detailed examination revealed a multitude of complex problems including severe periodontal involvement in those same anterior teeth and failing posterior teeth and bridgework.



**Patient 2 Post-Operative**

This is 18 months later and involved periodontal referral for an osseogingival solution in the anterior, an oral surgeon for sinus and implant surgery, and an endodontist for root canal therapy. This was a full mouth restorative case—an accident or failure waiting to happen. A major restorative solution was not in the repertoire of the original dentist. Referral would have been a consideration.

# Highlights from the September and November Stated Meetings



*Clockwise from upper right*

1. Spenadel Award Chair Allan Deutch (left) with Gregory Chotkowski, Chief of Oral and Maxillofacial Surgery at Mt. Sinai School of Medicine

2. President Patricia Sukmonwoski speaks with the CEO of StemSave, Art Greco, meeting sponsor

3. CEO Art Greco and Maxim Guglielmetti of StemSave, ready to greet members

4. Newly elected alternate director Ken Cooperman and Patricia Sukmonowski

5. Left to Right Peer Review Chair Egidio Farone, board members Steven Moss and Irvind Khurana, NYCDS member Son-Oak Rhee, and NYSDA President Elect Deborah Weisfuse.



6. Newly elected 2012 officers: (left to right) Treasurer, Maurice Edwards; Secretary, Marci Levine; Vice President, David Shipper; President Elect, James Doundoulakis; and President Jeffrey Senzer.



7. CE Director John Varoscak (left) with Marotta Dental Studio President Leonard Marotta and sponsor of the meeting

8. ASDA Treasurer Avi Avram (left) of Columbia University with GNYDM Chair Elect Richard Rausch and Board Member Marc Gainor

9. Steven Pigliacelli, vice president of Marotta Dental Studio speaking with Board Member Barry Sporer



# The New York County Dental Society Welcomes Our Newest Members

August 2011 through October 2011

## NEW ACTIVE MEMBERS

**Michael Chao-Wu Teng, DDS**  
1021 Park Avenue  
New York, NY 10028  
New York University, 2009  
General Practitioner

**Babak R. Ghalihi, DMD**  
18 East 50th Street  
5th floor  
New York NY 10022  
Tufts University, 1990  
Periodontist

**Elizabeth Grace Lee, DDS**  
405 Lexington Avenue  
Tower Suite 6900  
New York, NY 10174  
Tufts University, 2008  
General Practitioner

**Jonathan B. Mender, DDS**  
515 Madison Avenue  
Suite 3900  
New York, NY 10022  
Columbia University, 2002  
General Practitioner

**Brett A. Miles, MD, DDS**  
Mount Sinai School of Medicine  
One Gustave L. Levy Place  
Box 1189  
New York, NY 10029  
Creighton University, 1997  
Oral Surgeon

**Madhav Mukundan, DDS**  
USA Dental  
175 Madison Avenue  
New York, NY 10016  
New York University, 2005  
General Practitioner

**Lindi Orlin, DMD**  
One Grand Central Place  
60 East 42nd Street  
Suite 1521  
University of Pennsylvania, 2008  
General Practitioner

**Robert Raimondi, DDS**  
203 East 62nd Street  
New York, NY 10065  
University of Buffalo, 2006  
Prosthodontist

**Rohini Vajaria, DDS**  
230 Park Avenue  
Suite 1164  
New York, NY 10169  
University of Illinois, 2007  
Orthodontist

## REINSTATED MEMBERS

**Todd Bertman, DMD**  
686 Lexington Avenue  
Suite 5N  
New York, NY 10022  
University of Pittsburgh 1998  
General Practitioner

**Timothy Chase, DDS**  
220 East 63rd Street  
Lobby F  
New York, NY 10065  
University of Tennessee, 1989  
General Practitioner

**Elliot Grotell, DDS**  
57 West 57th Street  
Suite 1002  
New York, NY 10019  
New York University, 1964  
General Practitioner

**Tuyen Lehmann, DDS**  
123 East 37th Street  
#1C  
New York, NY 10023  
New York University, 1999  
General Practitioner

**Howard B. Marshall, DDS**  
250 East 58th Street  
2nd floor  
New York, NY 10022  
University of Pennsylvania, 1961  
Periodontist

**Matthew Nadler, DMD**  
25 West 54th Street  
Apt 1D  
New York, NY 10019  
University of Buffalo, 2010  
General Practitioner

**Clarence E. Shelton Jr. DDS**  
327 Beechmont Drive  
New Rochelle, NY 10804  
Howard University, 1969  
Orthodontist

**Moe Vokshoor, DDS**  
110 East 40th Street  
Suite 502  
New York, NY 10016  
Columbia University, 1987  
General Practitioner

**George White, DDS**  
630 West 168th Street  
PH East 7-715  
New York, NY 10032  
New York University, 1975  
Prosthodontist

**Wentao Yan, DDS**  
80 Wall Street  
Suite 615  
New York, NY 10005  
New Jersey University, 2007  
General Practitioner

## STUDENT MEMBERS

**Sam S. Bae**  
309 East 37th Street  
Apt 2A  
New York, NY 10016  
New York University, 2012

**Michelle Chou**  
10 Waterside Plaza  
Apt 4H  
New York, NY 10010  
New York University, 2012

**Karanjit S. Kamboj**  
252 East 33rd Street  
Apt 3R  
New York, NY 10016  
New York University, 2014

**Nikolay Levintov**  
11 Cambria Street  
Staten Island, NY 10305  
New York University, 2013

**Alvina Chia Yin Lim, DDS**  
182 N. 10th Street  
Apt. 4F  
New York, NY 11211  
Loma Linda University, 2006  
Pedodontist

**Niraj Patel**  
303 East 33rd Street  
New York, NY 10016  
New York University, 2014

**Irena Sedaghatpour, DDS**  
230 West 41st Street  
New York, NY 10036  
UCLA, 2010  
General Practitioner

**Tina Vani, DDS**  
370 Columbus Avenue  
Apt 4L  
New York, NY 10024  
Columbia University, 2008  
Endodontist

## ASSOCIATE MEMBERSHIP

**Christine Fumo**  
626 McLean  
Yonkers, New York 10705  
University of Pennsylvania, 1993  
General Practitioner  
Ninth District Dental Society

**Sheryl Gomes, DDS**  
867 Rensselaer Avenue  
Staten Island, NY 10309  
University of Pennsylvania, 1994  
General Practitioner  
Second District Dental Society

**Ira D. Koepfel, DDS**  
126 Gnarled Hollow Road  
East Setauket, NY 11733  
Georgetown, 1985  
General Practitioner  
Suffolk County Dental Society

**Debra Koehn DMD**  
172 Main Street  
Saugerties, NY 12477  
University of Pennsylvania, 1986  
General Practitioner  
Third District Dental Society

**Olga Lombo-Sguerra, DDS**  
280 North Central Avenue  
Suite 117  
Hartsdale, NY 10530  
New York University, 1990  
General Practitioner  
Ninth District Dental Society

**Stephen J. Rothenberg, DDS**  
7197 Highbridge Road  
Fayetteville, NY 13066  
North Wester, 1979  
General Practitioner  
Fifth District Dental Society

**W.R. Wegorzewski, DDS**  
444 Lakeville Road  
Suite 306  
Lake Success, NY 11042  
General Practitioner  
University of Buffalo, 1977  
Nassau County Dental Society

## TRANSFERRED MEMBERS

**Rocco L. DiAntonio, DMD**  
315 West 57th Street  
Suite 206  
New York, NY  
UMDNJ, 2010  
General Practitioner  
New Jersey Dental Association

**Mina C. Kim, DDS**  
Bryant Park Dental Associates  
10 E 40th Street Suite 2105  
New York, NY 10016  
Columbia University, 2010  
General Practitioner  
Second District Dental Society

**Yelena Ostrometskaya, DDS**  
111 John Street #204  
New York, NY 10038  
New York University, 1998  
Endodontics  
New Jersey Dental Association

**Mary A. Taudel, DDS**  
37 Park Avenue  
Suite A  
New York, NY 10016  
General Practitioner  
New York University, 2005  
Hawaii Dental Association

## IN MEMORIAM

**Harold H. Kalman, DDS**  
Ohio State University 1940

**David Kohane, DMD**  
University of Pittsburgh, 1979

**Alan J. Mazel, DDS**  
New York University, 1955

**Robert H. Swee, DDS**  
New York University, 1948

**Meyer Temchin, DDS**  
New York University 1944

## CLASSIFIEDS

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### OPPORTUNITIES

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**Midtown practice** looking for restorative dentist with nucleus of patients that can fill 1-2 days. Multiple future options can be discussed. 3plus years of experience preferred. Send resume and contact info to cint007@aol.com.

**Dentist wishing to slow down or retire**, and not wanting to deal with the responsibilities of running an office, this may be suitable for you. Stay as long as you wish before transferring patients in my comfortable 5 op office. When you are ready to retire I will purchase your practice. We are located on the corner of 55th and Sixth Ave. Please contact my office manager 212-246-4420.

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**I am a Certified Orofacial Myologist** working with patients to achieve proper tongue and lip resting postures, recapture the dental freeway space and eliminate tongue thrust behaviors. Stable occlusion is ensured while ortho relapse is avoided. I can help yours. Ref. avail. 646-334-1713, www.myologyworks.com.

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# The Continuing Education Program Calendar

| Month    | Date              | Time                            | Topic  | Instructor  |
|----------|-------------------|---------------------------------|--|---|
| JANUARY  | 11                | 9:30 AM – 3:30 PM               | CPR, Defibrillation and Emergency Medicine               | Michael Kaliroff/HeartSavers                                  |
|          | 20                | 9:30 AM – 12:30 PM              | Essential Review of Oral Mucosal Disorders               | David Sirois, D.D.S., Ph.D.                                   |
|          | 25                | 9:30 AM – 4:30 PM               | Cosmetic Pearls for the General Practitioner             | Marty Zase, D.M.D.  |
|          | 26                | 6:00 PM – 8:00 PM               | Accounting Practices for Your Dental Office              | Kenneth Metsky, C.P.A.  |
|          | 27                | 9:30 AM – 4:30 PM               | Geriatric Dentistry                                      | Miriam Robbins, D.D.S. / Janet Yellowitz, D.D.S.              |
| FEBRUARY | 1                 | 9:00 AM – 1:00 PM               | Risk Management Program                                  | Leslie Seldin, D.D.S. / Kenneth Treitel, D.D.S.               |
|          | 1                 | 9:30 AM – 4:30 PM               | Stress-Free Endo: Beyond Engine Driven Ni-Ti             | Barry Musikant, D.D.S.  |
|          | 3                 | 9:30 AM – 12:30 PM              | Advanced Methods for Insurance Claim Collections         | Christine Taxin   |
|          | 3                 | 9:30 AM – 4:30 PM               | Treatment of the Anterior Fractured Tooth                | Robert Marus, D.D.S.  |
|          | 8                 | 9:30 AM – 4:30 PM               | Esthetics, Occlusion & Comprehensive Dentistry           | Gary Alex, D.M.D.   |
|          | 8                 | 9:30 AM – 4:30 PM               | Implant Dentistry from Start to Finish                   | Richard Smith, D.D.S.   |
|          | 10                | 9:30 AM – 4:30 PM               | Assessment and Treatment of Sleep Apnea and Snoring      | Steven Syrop, D.D.S. / Donald Tanenbaum, D.D.S. (2/10 & 3/16) |
|          | 15                | 9:30 AM – 4:30 PM               | Site Preparation and Third Molar Surgery                 | Michael Turner, D.D.S., M.D.                                  |
|          | 15                | 6:00 PM – 8:00 PM               | Nitrous Oxide Administration for Dentists and Hygienists | Louis Siegelman, D.D.S.                                       |
|          | 29                | 9:00 AM – 1:00 PM               | Infection Control: What the Dental Team Needs to Know    | Harold Edelman, D.D.S.  |
| MARCH    | 1                 | 6:00 PM – 8:00 PM               | Employment Issues in the Dental Office                   | Robert Goldberg, Esq.   |
|          | 2                 | 9:30 AM – 12:30 PM              | Pediatric Dentistry for the General Practitioner         | Glenn Rosivack, D.M.D.  |
|          | 2                 | 9:30 AM – 4:30 PM               | The Do's and Don'ts of Porcelain Laminate Veneers        | Gerard Kugel, D.M.D.  |
|          | 7                 | 9:30 AM – 4:30 PM               | Modern Endodontic Therapy for the GP                     | Jarshen Lin, D.D.S.   |
|          | 9                 | 9:30 AM – 4:30 PM               | From Risk Assessment to Recipe for Success               | Avishai Sadan, D.D.S.   |
|          | 14                | 9:30 AM – 4:30 PM               | Simplifying the Complex Case and Shade Communication     | Mark Murphy, D.D.S.   |
|          | 21                | 9:30 AM – 12:30 PM              | Systemic Diseases that Mimic the Signs of Periodontitis  | Alvin Heller, D.D.S., M.D.                                    |
|          | 21                | 9:30 AM – 4:30 PM               | Improving Your Team's Communication with Patients        | Alan Goldstein, D.M.D.  |
| 21       | 6:00 PM – 8:00 PM | Esthetic Soft Tissue Management | Julie Connolly, D.D.S.                                   |   |

A Hands-on course

Hygienists are welcome to register

New Course

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